

Personal Style Assessment

Directions

1. Read each statement and circle the number along the continuum that best describes what you would prefer to do or be. If you have a strong preference, circle a 1 or 5. If it is moderate, circle a 2 or 4. Remember, there are no right or wrong responses.
2. DO NOT answer according to what you feel is expected by a spouse, family member, Church leader, or employer.
3. Select the behaviour or perspective that would come most naturally to you if you knew there were no restrictions or consequences for your personal expression.
4. When you have completed your Assessment, total your “E” and “O” scores. The plot your results on the graph provided. Notice where you are on the chart.

Personal Style Assessment

How are you Energized?

1. I am more comfortable ...

Doing things for people	1	2	3	4	5	Being with people
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2. When doing a task, I tend to ...

Focus on the goal	1	2	3	4	5	Focus on relationships
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3. I get more excited about ...

Advancing a cause	1	2	3	4	5	Creating community
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4. I feel I have accomplished something when I ...

Completed a job	1	2	3	4	5	Built a relationship
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5. It is more important to start a meeting ...

On time	1	2	3	4	5	When everyone gets there
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6. I am more concerned with ...

Meeting a deadline	1	2	3	4	5	Maintaining a team
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7. I place higher value on ...

Action	1	2	3	4	5	Communication
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E = _____ Total

Personal Style Assessment

How are you Organized?

1. In life, I generally prefer to ...

Be spontaneous	1	2	3	4	5	Follow a plan
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2. I prefer to set guidelines that are ...

General	1	2	3	4	5	Specific
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3. I prefer to ...

Leave my options open	1	2	3	4	5	Settle things now
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4. I prefer projects that have ...

Variety	1	2	3	4	5	Routine
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5. I like to ...

Play it by ear	1	2	3	4	5	Stick to a plan
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6. I find routine ...

Boring	1	2	3	4	5	Restful
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7. I accomplish tasks best ...

By working it out as i go	1	2	3	4	5	Following a plan
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O = ____ Total

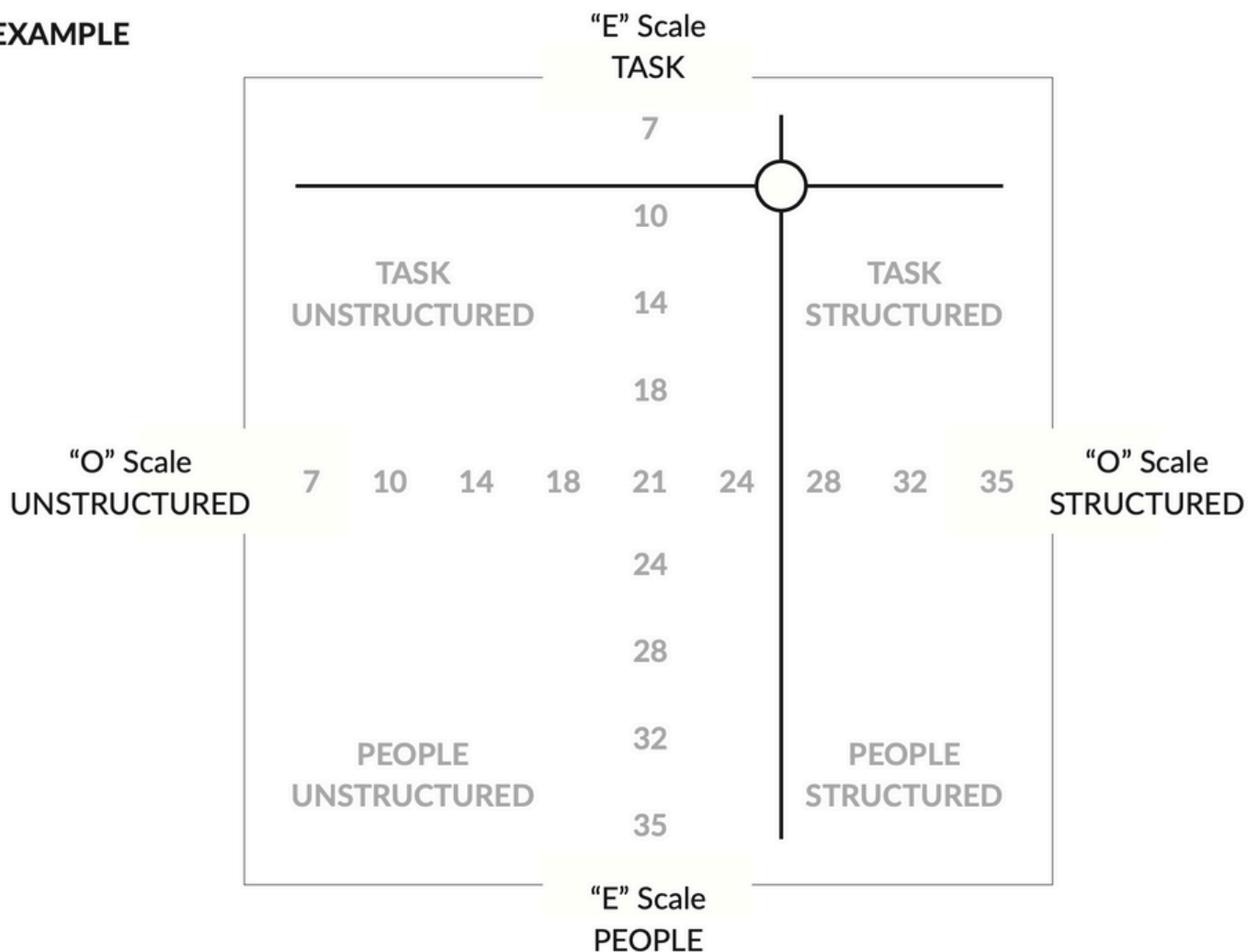
Personal Style Assessment

Finding Your Preferred Style

Use the graph on the next page

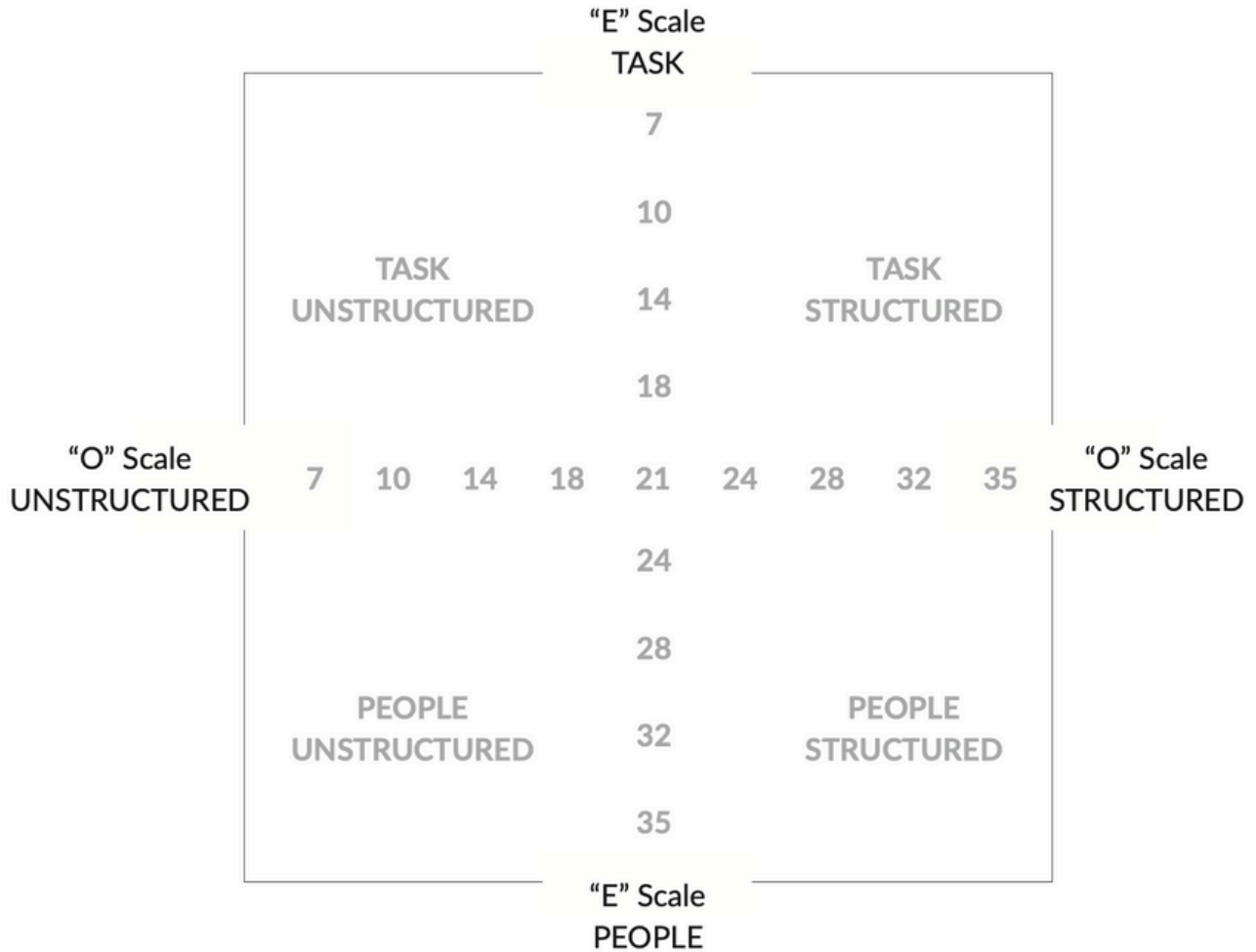
1. Take the total number from your "O" scale and place an "X" where you find it along the horizontal line (Unstructured / Structured).
2. Take the total number from your "E" scale and place an "X" where you find it along the vertical line (Task-oriented / People-oriented).
3. Along the "O" scale, draw a line up and down through the "X" you placed there (see example below).
4. Along the "E" scale, draw a line across through the "X" you placed there (see example below).
5. Your Personal Style is indicated at the intersection point where the two lines cross (see example below).

EXAMPLE



Personal Style Assessment

Your Preferred Style



Which Of The Four Personal Styles Do You Have?

My Personal Style is:

(Task or People)

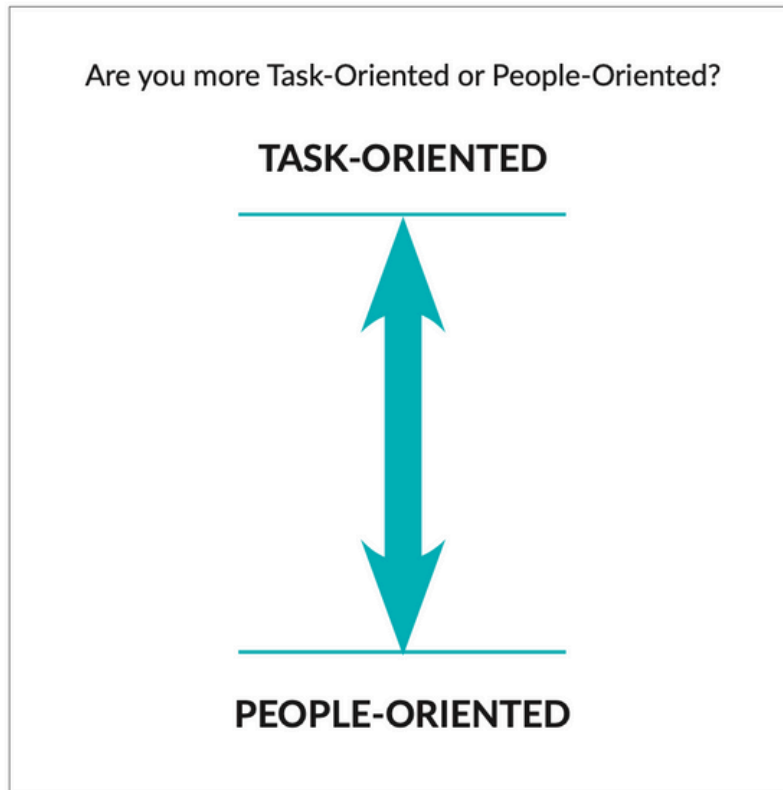
(Structured or Unstructured)

Once you have identified your Personal Style, add it to your Servant Profile.

Personal Style Assessment

How are you Energized?

- Reflects how you receive and focus your emotional energy
- Indicates how you prefer to interact with people and tasks



Task-Oriented People

Are energized by:

- doing things
- accomplishing tasks
- working with people who share your commitment to the task

Can feel awkward or frustrated with a lot of relational activities

People-Oriented People

Are energized by:

- interpersonal relationships
- people interactions
- working with people in a team setting

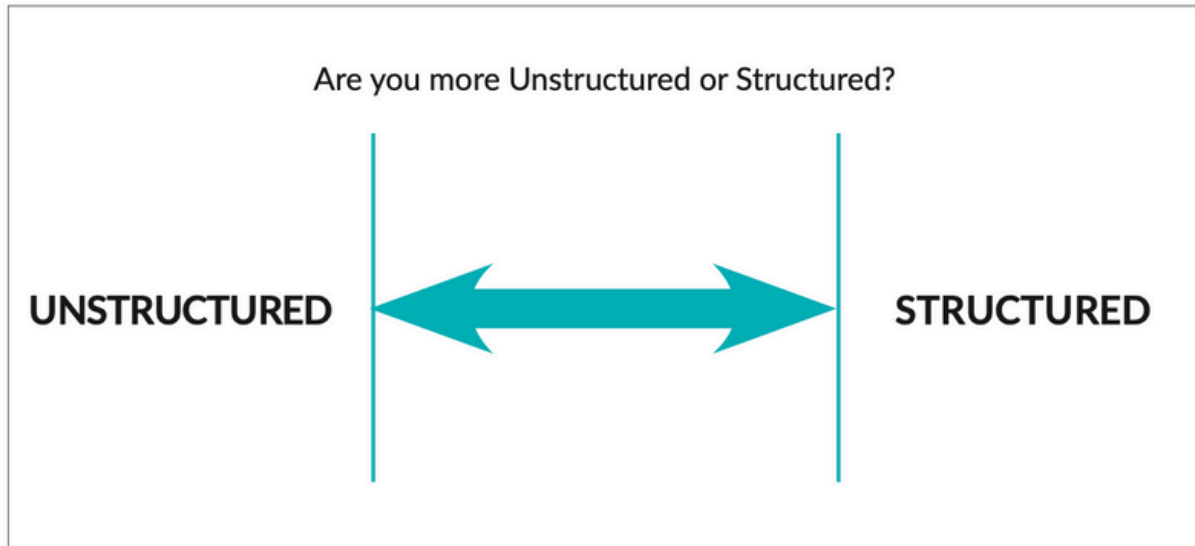
Can feel awkward when handling a lot of tasks

BOTH value developing relationships and meeting goals!

Personal Style Assessment

How are you Organized?

Reflects how you prefer to organize your world



Unstructured People

- Put everything into piles
- Are less concerned with being precise
- Prefer lots of options and flexibility
- Prefer a variety of activities
- Are comfortable in undefined situations
- Like spontaneous relationships

Structured People

- Put everything into files
- Plan and bring order to their lives
- Enjoy stable, consistent relationships
- Make decisions and seek closure
- Are more detailed
- Like things clearly defined

BOTH value being organized!

Personal Style Assessment

Summary

Task Unstructured

You tend to:

- Like general guidelines
- Be versatile
- Get tangible results
- Help wherever needed

Serving opportunities could be:

- Room setup/breakdown
- Special events organizer
- Building projects team

Task Structured

You tend to:

- Get the job done
- Focus on results
- Follow an agenda
- Appreciate clear direction

Serving opportunities could be:

- Sound and lighting team
- Offering taker/counter
- Drama set builder

People Unstructured

You tend to:

- Be very conversational
- Be flexible
- Relate well with others
- Like spontaneous situations

Serving opportunities could be:

- Crisis hotline
- Greeter team
- Information center

People Structured

You tend to:

- Project warmth
- Like defined relationships
- Relate well with others
- Enjoy familiar surroundings

Serving opportunities could be:

- Small group leader
- Membership team
- Assimilation strategies